



# The Guidance at moon time

## Invitation to the women

We cordially invite all women in their menstruation  
- we call this time the moon time -  
to use the places for the Moon Time Women and to  
celebrate this special time in the circle of sisterhood.

You are invited to experience the great power of the Kiva  
Ceremony with your higher awareness in a deep way within.  
Let us open the sacred mysteries of the womb again.

And dear sisters, be prepared and do not be surprised if  
you menstruate outside of your rhythm as this powerful  
force from Mother Earth rises into your womb in this  
strong prayer. When this happens, be aware that the  
great Goddess and the great Spirit have destined you to  
take on a special task in the ceremony,  
for the Earth and for the people.



**Four places are available for the Moon Time Women:**

### **The Moonwomen's Place at the Kiva**

This place is located to the left of the Kiva entrance. The moon time women have the wonderful mission during the Kiva Ceremony in their common prayer to build a deep connection to Mother Earth, to give her gratitude and to support the ceremony with highest feminine love and presence.

### **The Women's Tent**

Up at the forest edge of the campground there is a women's tent, where women can retreat and rest and where women's circles can also take place. There is also the possibility to make salt or herbal bags that will give you protection and keep the moon energy centred on you.

The material is available in the women's tent.

### **The Moon Offering Place**

Every year we open a moon offering place in the forest above the campground where women can give their precious gift to Mother Earth. This place is opened in the women's circle, decorated with much love and blessed with songs and prayers.

There will be a women's workshop on Thursday after lunch at the women's tent at the edge of the forest.



## **The Women's Sweatlodge**

When you go to the sweatlodge, please ask for the women's sweatlodge. It is there for the Moon Time Women, but of course also for all other women outside the moon time.

## **Three more hints**

Dear women, during moon time you are released from kitchen duty, from serving food and from working with the fire, in order to be able to go completely into your inner work of the moon time.

Please notice that the Moon Time Women do not enter the kiva at the beginning of the ceremony. If they wish to place items on the altar, they can give them to their family/friends or they will be collected by the Moon Place Keepers and brought to the altar. After the completion of the last kiva ceremony, the Moon Time Women are also allowed to enter the kiva and collect their items from the altar.

And many elders remind us to cover our bodies in prayer and let the spiritual glow become visible. They are happy to see us in long skirts and covered shoulders.

If you have any questions, the Moon Place Keepers are there to help you. You may also find a lot of information on the website:  
[www.wurzeln-der-erde.de](http://www.wurzeln-der-erde.de)



## **Menstruation time - a sacred time and a gift to Mother Earth**

Let us make a loving and beneficial contribution in this ceremony for our Mother Earth, for humanity, for children, for the land and in thanksgiving to the Great Goddess and the Great Spirit.

Let us be together in beauty and shine from the heart.



## Statements of the Elders about the Moon Time

Moon time is no taboo.

It is time to deal with it naturally again.

Moon time is a time of learning about femininity.

Moon time is a time to learn to be mindful and caring of ourselves and to surrender to the flow of life.

Moon time is a time when we learn to respect the cycles of life. Moon time is the gift to Mother Earth.

Moon time is a time of deep connection with Mother Earth.

Moon time is a time of purification and renewal of fertility and life. Moon time is life. To shepherd the lunar season is to shepherd life in all its forms.

Moon time is a time of great power.

And a time to learn to use this power well.

Moon time is a sacred moment. The blood we give is a living substance. We may respect it because it is life.

Everything of yours is sacred.

Moon time is a time of great openness and great connection with the spiritual world, because the curtain to the „invisible world“ opens for us at this time.

The moon time is a time of highest blessing; a time to pour out blessings from the highest love to the family, to the people, to nature, to life through our connection and prayers.

Moon time is a time when we shepherd life, ceremonies and altars.

Moon time is a sacred moment.

All life is sacred.